

# CAUDALÍE

P A R I S



## SPA MENU

Immerse yourself in our oasis of relaxation, where exceptional treatments await you for an unforgettable spa experience.

***Free access to the wellness area from €125 of treatments per person per ½ day***



# Welcome to your Spa Caudalie

**C**hâteau de Germigny has chosen to collaborate with the prestigious French brand Caudalie, world-renowned for the quality and naturalness of its cosmetics and its expertise in creating exclusive skincare rituals. This association is the result of a promising encounter, based on shared values and family histories, as well as a deep attachment to the terroir and the vine.

Caudalie is a true pioneer of Vinothérapie®, a unique approach combining natural active ingredients derived from vines and grapes. As the undisputed leader in this field, the brand has developed exceptional face and body care protocols, specially designed to meet your needs.



# Our Facial Treatments



50 min - 80 min

**€140 - €195**

## **Signature Facial Care** *Personalized, relaxing*

This fully manual, made-to-measure treatment is Caudalie's cult treatment. Suitable for all skin types, this treatment thoroughly cleanses your face. Its special feature: a long, relaxing massage that relaxes your features and brings out your complexion's radiance.

## **Premier Cru** *Global anti-aging*

This exceptional treatment combines the best anti-aging active ingredients to reduce the 8 signs of aging: wrinkles, fine lines, spots, radiance, firmness, elasticity, volume and hydration. Thanks to a ballet of 8 deep, active maneuvers, skin looks visibly younger.

**€140 - €195**

## **Resveratrol-Lift** *Anti-wrinkle, sculpting*

Anti-ageing face and neck lifting treatment with our patented Vine Resveratrol and Caudalift muscle stimulation technology for immediate results. The face appears resculpted and features plumped.

**€140 - €195**

## **Vinoperfect** *Radiance, anti-dark spots*

Ideal for dull skin, this treatment corrects spots and prevents their appearance. The efficacy of Caudalie products concentrated in Viniferine, combined with a massage using hot and cold basalt stones, stimulates the complexion's radiance. The skin regains its luminosity, the face looks fresh and the features rested.

**€140 - €195**

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**Vinergetic C+** *Anti-fatigue, replumping*

**€140 - €195**

A veritable energy-booster cocktail, this treatment offers anti-fatigue action for stressed skin thanks to the coupled action of Vitamin C+, Hyaluronic Acid and Grape Polyphenols. Jade rollers prepare the skin for the benefits of a detox mask. The complexion is brighter and skin texture is refined.

**Vinosource - Hydra** *Hydrating, soothing*

**€140 - €195**

A true bath of hydration, this repairing treatment provides skin with absolute comfort. A gentle massage with fresh grapes and essential oils deeply nourishes the epidermis. Skin is soft, soothed and plumped.

**Vinopure** *Purifying, anti-blemish*

**€140 - €195**

Specially designed for combination to oily skin, this treatment begins with cleansing followed by purifying sculpting to free the skin of imperfections, tighten pores and refine skin texture. The application of Vinopure products, a powerful combination of a grape polyphenol complex, purifying organic essential oils and natural salicylic acid, brings clarity and freshness to the complexion.

# Our Body Treatments



## **Crushed Cabernet Scrub** 30 mn *Exfoliating*

€110

Cult Vinothérapie spa scrub (grape seeds, honey, sugar and essential oils).

50 min - 80 min

## **30-minute Crushed Cabernet scrub & 20-minute or 50-minute sculpting treatment** *Exfoliating, relaxing*

€190 - €245

This treatment begins with the cult Spas Vinothérapie scrub (grape seeds, honey, sugar and essential oils), which prepares the skin to receive the benefits of a 50- or 80-minute massage of your choice (see list below). The silhouette is reshaped and tensions released.

## **Massages**

### **4-hand massage\*** 20 mn *Relaxing*

€125

This massage is performed by two therapists using movements in total harmony. A true call to let go and absolute serenity.

### **Vinotherapist™ massage** *Relaxing, hydrating*

€140 - €195

This treatment is Caudalie's "Signature" massage. All tensions are relieved and energies energized. Our precious plant oils provide softness and hydration for a moment of absolute relaxation. Also available in a toning version.

### **Wine maker's massage** *Energizing*

€140 - €195

Caudalie's signature massage retraces all the ritual stages of wine-making. It alternates manual movements such as treading, pressing and pressure with a winemaker's stick. Deep and focused on relaxation and drainage of fluids and toxins, it activates blood circulation and muscle tone. This treatment works deeply on the energy networks, with a dual effect on the appearance of the skin and the sensation of relaxation.

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\*Selon les disponibilités



### **Sports massage** *Toning*

This slow-paced massage provides deep relaxation. It is performed in specific zones and is always gentle on the body. Muscles, tendons and joints are energized, firmed and made more supple.

**€140 - €195**

### **Expectant mother massage** *Relaxation, serenity*

An enveloping massage to relieve pregnancy-related tension, lighten legs and improve skin tone and elasticity. It allows you to enjoy a moment of relaxation and absolute well-being with your unborn baby. From 3 months of pregnancy.

**€140€- €195**

### **Vinosculpt massage** *Firming (4 zones)*

Deeply energizing manual sculpting combined with Vinosculpt Balm. 4 toning and draining maneuvers for a slimmer, sheathed and sculpted silhouette. Skin is perfectly moisturized, smoothed and toned.

**€140 - €195**

### **Plantar reflexology** *Anti-stress*

By stimulating certain reflex zones on the soles of the feet, this massage helps to regulate the body's energy flow, improve the lymphatic and circulatory systems and eliminate toxins.

**€140**

\*Selon les disponibilités

# Complementary treatments



20min

## **Express Facial treatment<sup>1</sup>** *Instant radiance*

€85

A radiance boost in 20 minutes. After cleansing the face to remove impurities, application of the mask brings luminosity and vitality to the complexion. The face is relaxed, the complexion radiant.

## **Lifting & Firming Eye Treatment<sup>1</sup>** 30 mn *Smoothing*

€85

Ultra-comprehensive treatment for the entire eye contour area. Combined with our high-performance Caudalift technology, it has a smoothing, anti-wrinkle, decongesting, anti-dark circles effect. Ideal for relieving tension, opening the eyes and lifting the eyebrows. Instant radiance.

## **Caudalift<sup>2</sup>** *Lifting, sculpting*

€85

This complementary high-tech treatment is a non-invasive method of gentle electrostimulation for the face and neck. Combined with our facial treatments, Caudalift improves the skin's appearance, reduces the signs of aging and delivers instant, long-lasting results. The face is toned, the skin is lifted and more luminous, and the eyes and eyelids are enhanced.

## **Warm oil massage<sup>1</sup>** *Relaxing*

€85

Customized massage. A true moment of relaxation, it relieves tension and revitalizes energy. Massage of one or two body zones of your choice.

## **Cranial massage<sup>1</sup>** *Relaxing*

€85

This massage aims to release energy blockages and promote relaxation. Simultaneous reactions throughout the body rebalance all nervous system energies.

## **Plantar reflexology<sup>1</sup>** *Anti-stress*

€85

By stimulating certain reflex zones on the soles of the feet, this massage helps to regulate the body's energy flow, improve the lymphatic and circulatory systems and eliminate toxins.

(<sup>1</sup>) Sold only as a complement to another treatment or as part of a ritual.

(<sup>2</sup>) Sold as a complement to a facial treatment other than Resveratrol-Lift

**Free wellness area from €125 of treatments per person and per ½ day**





### **Bath<sup>1</sup> Relaxing**

€85

Enriched with red vine or grape marc, this hydro-massaging bath offers you all the benefits of the vine.

Choice of: Red Vine bath (circulatory) or Grape Marc bath (exfoliating)

### **Body wrap<sup>1</sup> Relaxing**

€85

A warm application of vine-derived active ingredients with purifying or moisturizing properties, this highly enveloping treatment brings comfort and relaxation to the whole body.

Choice of: Honey & Wine Wrap (moisturizing) or Merlot Wrap (purifying)

*(<sup>1</sup>) Sold only as a complement to another treatment or as part of a ritual.*

# Caudalie rituals



Discover the Spa in ½ day or 1 day Experience an unforgettable moment in our Spa Vinothérapie\* at Château de Germigney with Caudalie rituals, to offer or to treat yourself.

## Exceptional Caudalie ritual (2h30)

€335

- Bath or Body Wrap\*
- Modelling of your choice
- Face treatment of your choice
- Access to wellness area 1/2 day

## “Sarments amoureux” ritual (2h30) (duo)

€715

- Honey & Wine Body Wrap
- Signature massage
- Signature facial
- Access to wellness area 1/2 day

## 100% grape ritual (2h30)

€365

- Crushed Cabernet Scrub
- Choice of massages
- Facial treatment of your choice
- Access to wellness area 1/2 day

## Discovery ritual (1h30)

€240

- Bath or body wrap\*
- Warm oil massage
- Express Facial treatment
- Access to wellness area 1/2 day

## Relaxation ritual (2h)

€320

- Choice of bath
- Wrap of your choice
- Cranial massage
- Foot reflexology
- Access to wellness area 1/2 day

## Total Lift ritual (1h30)

€350

- Modelling Vinosucept (50 minutes)
- Facial treatment Resveratrol-Lift (50 minutes)
- Eye care treatment 30 minutes
- Access to wellness area 1/2 day

## “A star’s day in the heart of the vineyards“ ritual

€510

- Choice of bath
- Wrap of your choice
- Crushed Cabernet Scrub
- Your choice of massage
- Facial treatment of your choice
- Access to wellness area 1 day (9a.m./1p.m.-2p.m./6p.m.)

\* Subject to availability. You will have free access to our facilities, our indoor and outdoor deckchairs and our herbal tea room during your ½ day or full day treatment. Treatments cannot be changed and are subject to Spa availability.



# Terms and conditions of sale

## RESERVATION

We recommend that you book your Spa treatments at least 1 month in advance.

Treatments must be paid for directly at the Spa reception desk. We ask that you book a minimum of one 50-minute treatment per person per half-day, to guarantee you more privacy and calm in our Spa. Our ritual treatments cannot be changed and are chosen according to availability. Access to our facilities is available for €125 per person per half-day.

Please contact us 48 hours in advance in case of modification or cancellation. After this time, you will be billed in full.

Our massages are non-medical, non-therapeutic treatments for beauty, well-being and relaxation. The wearing of jewelry is not recommended, and the spa declines all responsibility in the event of loss.

## ARRIVAL

We ask you to arrive at the Spa 15 minutes before your scheduled appointment time. If you wish, you can keep your underwear on during your treatments. However, all our Vithérapeutes are highly skilled and ensure complete privacy. If you are late, your treatment time will be shortened by the length of your delay, without compensation, out of respect for subsequent clients.

## WELLNESS AREA

(steam room, sauna, sensory pools, outdoor Jacuzzi, cold water bucket, sensory shower, herbal tea room).

Hotel guests: 2 Spa access packages (subject to reservation and availability):

2-hour access at €25 per person (9a.m./11a.m. - 10a.m./12p.m. - 11a.m./1p.m. - 2p.m./4p.m. - 3p.m./5p.m. - 4p.m./6p.m. - 4:30p.m./6:30p.m.)

Half-day access at €35 per person (9a.m.-12:45p.m. or 2p.m.-6:45p.m.)

Non-hotel guests: The wellness area is not accessible without a treatment reservation. We ask that you book a treatment for a minimum of €125 per person per half-day to gain free access to the wellness area.

## CHILDREN

Children under 16 are not allowed inside the Spa Vithérapie®.

## PREGNANCY

Certain treatments are not recommended during pregnancy. We recommend that you ask your doctor for advice and inform us of your pregnancy when you book your treatments. For expectant mothers, we offer special facial treatments and/or modeling for pregnant women. The 100% grape ritual can also be adapted to your state of pregnancy.

## GIFT VOUCHER

We offer gift vouchers valid for 12 months. They can be sent by post or collected from our Spa reception desk. Gift vouchers are also available on our website [www.chateaudegermigny.com](http://www.chateaudegermigny.com).

## MEDICAL CONSULTATION

Medical advice will be sought if you have any health problems.

## WHAT EQUIPMENT DO YOU NEED?

For hotel guests, please bring your own bathing suit, bathrobe and slippers, which you'll find in your room. For outside guests, a checkroom will be at your disposal with bathrobe, sandals and bath sheets. Please bring your own bathing suit.

# CAUDALÍE

PARIS



*"One for  
Bacchus"*

*Beauty.*



*Grapes of beauty.*



CHÂTEAU  
DE GERMIGNY  
HÔTEL RESTAURANT SPA  
\*\*\*\*\*

**Relais & Châteaux,  
31 rue Edgar Faure 39600 PORT-LESNEY**

MONDAY TO SATURDAY 9am to 1pm and 2pm to 7pm - SUNDAY 9am to 1pm  
Open Sunday afternoons in high season

The spa reception desk is open non-stop every day for information  
03 84 73 85 95 or [spa@chateaugermigny.com](mailto:spa@chateaugermigny.com)

